

aspurus[®]
MOST INNOVATIVE SHATAVARI

**Because Women
Deserve More.**



WALERIA

aspurū is a patent-pending, uniquely composed extract of Shatavari root, standardized to deliver a full spectrum of steroidal saponins and other potent bioactives.

Produced through a proprietary soft extraction process, aspurū retains both major and minor phytoactive compounds, thereby delivering the synergistic efficacy of the whole root.

With three compelling clinical studies behind it, aspurū is remarkably efficacious in supporting women's health across hormonal transitions - from hot flashes and fatigue to intimacy and quality of life, while also enhancing wellbeing.

Shatavari – Nature's Gift for Feminine Balance

Shatavari (*Asparagus racemosus*), revered in Ayurveda as the "curer of a hundred ailments," is a time-honored herb known for supporting women's health and vitality across all stages of life.

Rich in steroidal saponins known as Shatavarins (I-IX), the key bioactive compounds of Shatavari, it helps maintain hormonal balance and physiological homeostasis by naturally modulating estrogen, FSH, LH, and TSH levels through a gentle feedback mechanism. These bioactives help harmonize hormonal activity—reducing the impact of excess estrogen and providing mild estrogenic support when levels are low, such as during menopause.

Celebrated as Ayurveda's ultimate female tonic, Shatavari supports hormonal balance, menstrual regularity, and menopausal comfort. It nourishes the endometrium and ovarian tissues, enhances vitality and libido, and nurtures emotional well-being – promoting holistic feminine health, naturally.

aspurū - Redefining Shatavari Science

aspurū is a patent-pending, full-spectrum Shatavari root extract, made with a proprietary clean-label soft-extraction process using water and ethanol. This advanced technology mimics the root's phytoactive profile, preserving both major and minor phytoactives, maintaining the root's natural integrity, and delivering its complete therapeutic potential.

Though, standardized to 5% Shatavarins, aspurū delivers a synergistic effects of full spectrum profile, enhanced bioavailability, and consistent quality. aspurū scientifically optimized profile supports hormonal balance, reproductive health, and overall vitality, offering a holistic, validated solution for women's wellness.

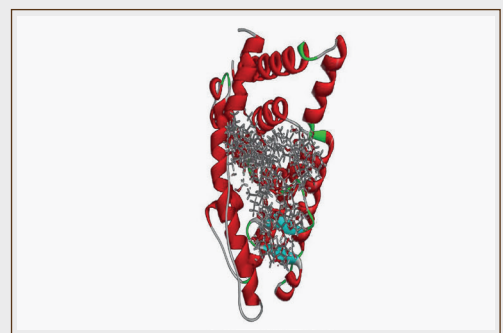


Figure : Estrogen-β receptor(PDBID: 1X7J) with Shatavarin.

Our in-house insilico & stimulation predictive studies indicate that Shatavarins exhibit varying binding affinities to various female hormonal receptors, suggesting a natural ability to modulate hormonal activity. This dynamic interaction may help alleviate menopausal discomforts and support fertility and ovulatory function through the hypothalamic-pituitary-ovarian axis.

Clinical Studies – Redefining Evidence

aspurū has been evaluated in multiple randomized, placebo-controlled clinical studies across different stages of women’s health. Together, these studies establish strong evidence of its safety, efficacy, and holistic benefits for women. Our study is uniquely designed to redefine menopause research through a multidimensional, symptom-focused clinical approach.

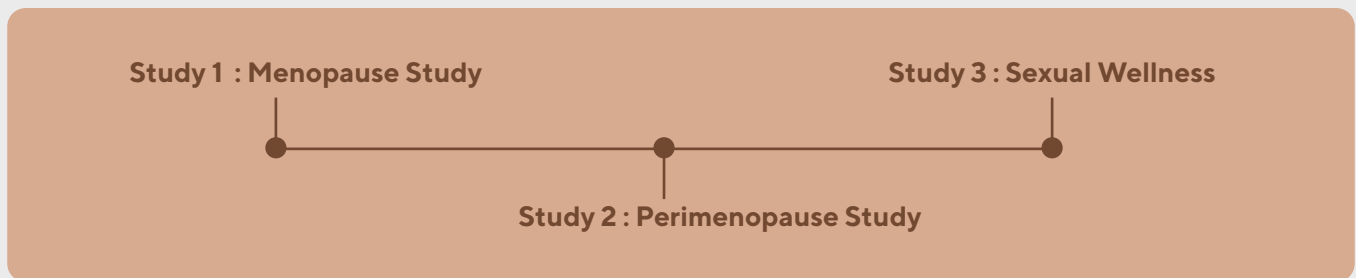


Figure : Human Clinical Studies

Study 1- Menopause Study (Published in the Cureus Journal)

In 70 pre-, peri-, and post-menopausal women (aged 40–65 years) over 60 days demonstrated:

- **85% reported reduction** in Hot Flashes by first 30 days.
- **35% improvement** in QoL, spanning health, emotional, occupational, and sexual well-being.
- **Sleeplessness improved by 41% with aspurū versus 19% with placebo based on RIS.**
- **Normalization of serum estradiol and progesterone at Day 60**, supporting a tolerable hormonal balancing effect.

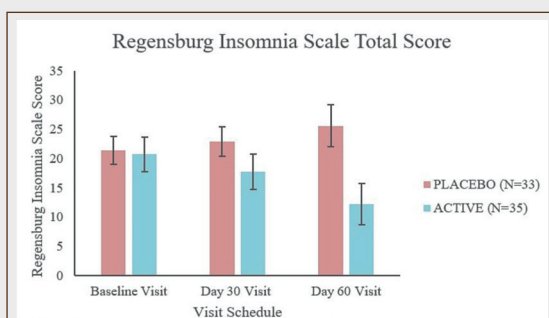


Figure : Sleep quality improvement and Insomnia reduction results for aspurus and placebo groups at the baseline, day 30, and day 60 using the RIS scale.

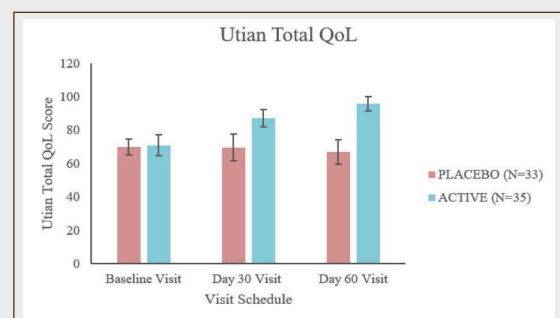


Figure : Quality of Life evaluation outcome of aspurus and placebo at the baseline, day 30, and day 60 using Utian total Quality of Life(QoL).

Study 2- Perimenopause Study (Data on File)

A 3-month study in over 150 perimenopausal women showed:

- Early and significant improvements in Hot Flashes, mood, sleep, and fatigue.
- Improvement in Intensity and frequency of symptoms across 12 domains
- Reported improvement in Brain Fog and Menopausal irritability.

Study 3- Sexual Wellness Study (Data on File)

An 8-week study involving 70 women with a lower-dose aspurus:

- Improvements in female libido, sexual wellness, pleasure, and satisfaction.
- Enhanced overall well-being, with noticeable effects within 4 weeks.

Use of aspurus

- Reduces Menopausal Symptoms*
- Supports enhancing Sexual Health*
- Supports Hormonal Function*

Benefits of aspurus

Leveraging our unique patent pending extraction process, we have standardized aspurus[®] by HPTLC.

- Full Spectrum; synergistic effects
- Unique sourcing strategy
- Rigorously tested for safety in pre-clinical studies
- 3rd party testing for purity, heavy metals removal
- High quality control and processing following Good Agricultural And Collection Practices (GACP), Good Manufacturing Practices (GMP), Good Laboratory Practices (GLP), and Good Packaging Practices (GPP).

Waleria – Empowering Women, Naturally

Waleria is a women-first ingredient company committed to nurturing women's health through every stage of life—from adolescence to menopause and beyond. Rooted in the wisdom of Ayurveda and guided by modern scientific rigor, Waleria develops clinically validated and sustainable solutions that bring nature and science into perfect harmony.

Beyond wellness, Waleria stands for empowerment—uplifting women across the entire value chain, from ethical raw material sourcing and responsible farming to innovative product development and delivery. Waleria reaffirms its mission to enhance women's well-being, naturally and holistically.

WALERIA

Researching for Ingredients focused on improving women's health

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Award Wining
Recognized by Industry experts

